

Your guide to

MonaLisa Touch[®]

A treatment for
vaginal dryness



Don't hide
from it



Designed to make you feel better

About Benenden Hospital

As a private patient we offer you fast track access to a range of self-pay treatments.



Specialist expertise

Our consultants are supported by a wider team of healthcare professionals, who are all there to support you.



Short waiting times

As a private patient we offer you fast track access to your initial consultation, with follow up appointments and surgery at a time to suit you. At all times we provide a welcoming, unhurried and informative approach to your care, supporting you to achieve the best possible outcome.



Fixed price guarantee

We offer competitive prices in line with NICE guidelines.



High levels of patient satisfaction

We actively encourage our patients to leave feedback when they visit Benenden Hospital. Our patient satisfaction levels are over 98%, demonstrating the high quality care we provide in a welcoming, relaxing and compassionate environment.



www.cqc.org.uk/sites/default/files/new_reports/AAAG2748.pdf



New and comfortable Outpatient facilities

With ample on-site parking, Benenden Hospital provides a safe, secure and comfortable environment for both you as a patient as well as your visitors. We also have an on-site pharmacy and our Pavilion Restaurant offers healthy and nutritious meals and snacks including free tea and coffee.




Rigorous infection control

The 0% rate for Hospital acquired MRSA infection here at the Hospital, is driven by strict cleaning and hygiene regimes we have in place, delivered by the Hospital's own highly trained staff. You can be confident that all measures have been put in place to keep you safe while being treated at Benenden Hospital.

Rated
outstanding
by the Care
Quality
Commission



A close-up photograph of a Black woman with long, dark dreadlocks. She is smiling broadly, showing her teeth, and looking slightly upwards and to the right. She is wearing a light-colored, ribbed turtleneck sweater. In the foreground, her hands are visible holding a light green ceramic mug. The background is softly blurred, showing what appears to be a hand reaching towards her from the right side. The overall mood is warm and positive.

A scientifically
proven laser
treatment relieving
vaginal dryness

It's okay to talk about it.™

Talking about personal health issues like vaginal dryness can be hard. However, living with the symptoms can be harder still.

We're here

If you're not comfortable talking about vaginal dryness then you're not alone. Symptoms of the menopause can be overwhelming and affect everyday life and your close relationships. You can face it as help is at hand with MonaLisa Touch®, a scientifically proven laser treatment that gently stimulates collagen production for rejuvenated vaginal lubrication and elasticity.

For you

MonaLisa Touch® is an innovative laser treatment for vaginal disorders such as dryness, itching and painful thinning of vaginal tissue, known as vaginal atrophy.

Treatment is quick, non-surgical, hormone-free and helps women reclaim their quality of life and enjoy personal relationships more fully.

We listen

Patients can enjoy transformed vaginal health with a course of just three treatments, lasting 5-10 minutes each, given over 18 weeks, plus an additional annual treatment.

Treatments are performed by a consultant gynaecologist. A unique probe is used to deliver laser energy to the vaginal wall tissue. The laser stimulates the production of collagen, restoring the proper balance to the mucous membrane and alleviating the effects of vaginal atrophy.

There may be slight localised discomfort following the treatment that may last for the first few days after the session, however you would be expected to resume your normal routine after one to three days. It is usually recommended that you have three to four days of rest before resuming regular sexual activity. Your consultant can offer you specific advice to help recovery.

Accessing MonaLisa Touch® at Benenden Hospital

You can access MonaLisa Touch® treatment at Benenden Hospital as a self-paying patient.

Self-paying patients

If you're interested in coming to Benenden Hospital for MonaLisa Touch® Treatment, and you would like to discuss your options or book a consultation, please call **01580 242 521**. We will be happy to give you an all-inclusive no-obligation quote once we fully understand your individual needs.

GP referral needed? No

Benenden Health members

MonaLisa Touch® treatment is not covered under Benenden Health membership. Please call **0800 414 8100** and we will be happy to give you an all inclusive no obligation quote once we fully understand your needs.

GP referral needed? No

For more information contact the Private Patient Team:



01580 242 521



private.patients@benenden.org.uk



benendenhospital.org.uk



Free transport

Pick up from Headcorn train station.
 Book 48 hours before by calling 01580 857 412
 or email kenttransport@benenden.org.uk



**Benenden Hospital Trust,
 Goddards Green Road,
 Benenden, Cranbrook,
 Kent TN17 4AX.
 Call 01580 240 333**

 **01580 242 521**

 **private.patients@benenden.org.uk**

 **benendenhospital.org.uk**

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